

3M™ Littmann® CORE Stethoscope on Teladoc Health Devices Quick Start Guide

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Release: 42



3M Littmann CORE

The 3M Littmann CORE stethoscope can connect, via Bluetooth, to any Teladoc Health device with Windows 10 build 17134 or higher and used during session for live remote auscultation.

NOTE: For list of Teladoc Health devices that support 3M Littmann CORE see the Teladoc Health Peripheral Guide.






Connecting the 3M Littmann CORE Stethoscope

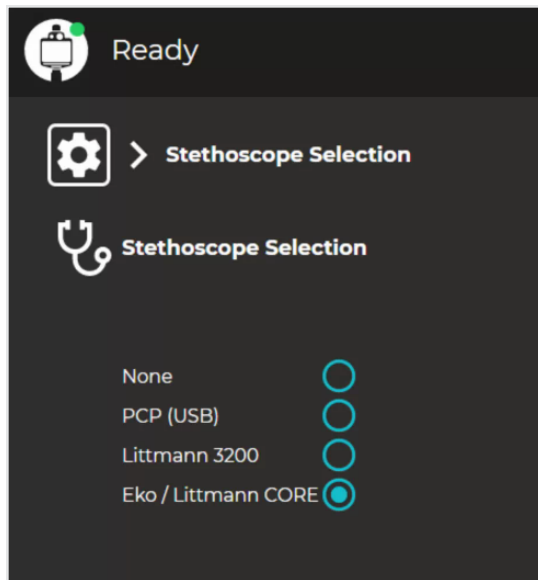
CAUTIONS:

If an obstruction prevents a clear line of sight between the stethoscope and the device:

- 3M Littmann CORE and Eko CORE 2: a generic Bluetooth adapter such as the [QGOO Mini Bluetooth 5.0 EDR](#) will need to be purchased separately and plugged into the Teladoc Health device. Contact Technical Support at +1 (877) 484-9119 for assistance.
- Eko CORE v1: is always used with the Bluetooth dongle provided with the Eko CORE v1 stethoscope.

From the Teladoc Health device

1. Tap or click the information icon .
2. Select the **Settings** icon  to open the settings screen.
3. Select the **Stethoscope Types** icon .



4. Select **Eko/Littmann CORE** from the list of available stethoscopes.

5. Select the  icon to return to the idle screen.

From the **3M Littmann CORE Stethoscope**

1. Charge the 3M Littmann CORE stethoscope.
2. Depress and slide the power button on the 3M Littmann CORE stethoscope.
 - The LED on the 3M Littmann CORE is flashing white to indicate it is on and ready to connect. The LED will be solid white when the provider has started the stethoscope audio.
3. Hold the stethoscope in clear sight of the Teladoc Health device.
 - The 3M Littmann CORE stethoscope is automatically paired and connected when the provider beams into the device and starts the stethoscope session.

3M Littmann CORE Use

3M Littmann CORE Notifications

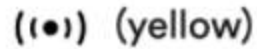
Notifications



CORE
Stethoscope is
on & seeking
device



CORE
Stethoscope is
off & charging



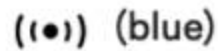
CORE
Stethoscope is
low on battery



CORE
Stethoscope is
on & connected



CORE
Stethoscope is
fully charged



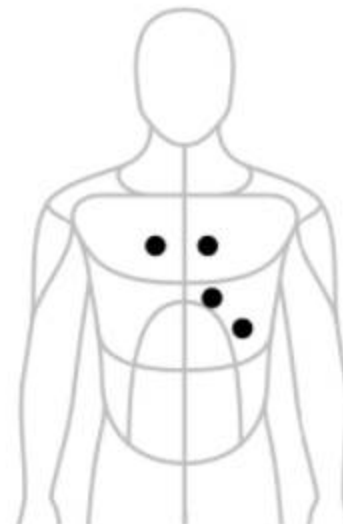
CORE
Stethoscope is
recording

Placement

The CORE Stethoscope is designed to be used in all traditional auscultation positions for the heart, lungs, bowels, and arteries.

Charging

Connect the micro USB cable to the CORE Stethoscope and use a UL-certified or CE-marked USB wall charger. The CORE Stethoscope will take about 2 hours to fully charge. The light will turn green when it is fully charged.



NOTES

- If possible, perform auscultation in a quiet environment. While the 3M Littmann CORE has active noise cancellation, there is a chance that some environmental noise will still be audible during auscultation.
- Bell and diaphragm mode are interchanged by twisting the chest piece to line with the horizontal LED segment.
- Hold the diaphragm firmly against the skin you will be auscultating from. Pressing too tightly against the skin can muffle sounds.
- Maintain a clear line of sight between the stethoscope and the device.
- Do not cover the CORE Digital Attachment of the stethoscope with hand or fabric.

For more details about the 3M Littmann CORE stethoscope,

- Visit: <https://support.ekohealth.com>
- Call Eko Customer service at: 1-844-356-3384 (M-F 9am-5pm PST).

Contact Information

24/7 Live Technical Support

[+1 \(877\) 484-9119](tel:+18774849119)

24/7 Live Remote Technical Support & Live Chat

<https://intouchhealth.com/contact-us/>

Email Support

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Website

www.InTouchHealth.com

Teladoc Health User Manuals

<https://intouchhealth.com/manuals/>

Please contact your Teladoc Health Account Representative for product User Manuals

Sales & Product Demos

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About Teladoc Health

Teladoc Health is the global virtual care leader, helping millions of people resolve their healthcare needs with confidence. Together with our clients and partners, we are continually modernizing the healthcare experience and making high-quality healthcare a reality for more people and organizations around the world.